



NATIONAL YOGA FEDERATION OF INDIA

Affiliated Member

INTERNATIONAL YOGA COMMITTEE-IYC

&

ASIAN YOGA COMMITTEE-AYC



HEAD OFFICE: Unit No. - Office 512, Parsvnath, Planet Plaza, TCG - 8/8 & 9/9 Vibhuti Khand, Gomti Nagar, Lucknow-226010, (U.P.) INDIA

e-mail:- secretary@nyfi.org.in **Website:-** www.nyfi.org.in

ENTRY PROFORMA

**Yogasana Competition/ Artistic Yoga Competition/ Artistic Pair Yoga Competition
/ Rhythmic Yoga Competition / Free Flow Yoga Dance Competition/
Professional Yogasana Competition**

Name of the Federation _____

Yogasana Sports Competition Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Sub Junior Group-A (Boys 8-11 Years)	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Sub Junior Group -A (Girls 8-11 Years)	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Sub Junior Group-B (Boys 11-14 Years)	1.			
	2.			
	3.			
	4.			
	5.			
	6.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Sub Junior Group -B <u>(Girls 11-14 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Junior Group <u>(Boys 14-17 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Junior Group <u>(Girls 14-17 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group -A <u>(Men 17-21 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Senior Group - A <u>(Women 17-21 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group - B <u>(Men 21-25 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group – B <u>(Women 21-25 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group – C <u>(Men 25-35 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Senior Group - C <u>(Women 25-35 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group -D <u>(Men above 35 Years)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group -D <u>(Women above 35 Yrs.)</u>	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Artistic Yoga Competition 8 to 17 years <u>(Junior Boys)</u>	1.			
	2.			
	3.			
	4.			
Artistic Yoga Competition 8 to 17 years <u>(Junior Girls)</u>	1.			
	2.			
	3.			
	4.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Artistic Yoga Competition Above 17 Years (Senior Men)	1.			
	2.			
	3.			
	4.			
Artistic Yoga Competition Above 17 Years (Senior Women)	1.			
	2.			
	3.			
	4.			
Artistic Pair Yoga Competition 8 to 17 years (Junior)	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
Artistic Pair Yoga Competition Above 17 years (Senior)	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
Rhythmic Yoga Competition 8 to 17 years (Junior)	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Rhythmic Yoga Competition Above 17 years <u>(Senior)</u>	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
Free Flow Yoga Dance Competition Open Age Group	1.			
	2.			
	3.			
	4.			
	5.			
Professional Yogasana Competition (Yoga teacher only) Male Open Age Group	1.			
	2.			
	3			
	4			
	5.			
Professional Yogasana Competition (Yoga teacher only) Female Open Age Group	1.			
	2.			
	3			
	4			
	5.			

**NAME OF THE CANDIDATES APPEARING FOR INTERNATIONAL YOGA REFEREE DIPLOMA EXAMINATION /
INTERNATIONAL YOGA TEACHER DIPLOMA EXAMINATION**

Sr. No.	Name of the Candidate	Email ID

INTERNATIONAL/NATIONAL YOGA REFEREES OF THE COUNTRY ATTENDING THE CHAMPIONSHIP

Sr. No.	Name of the Referee	Registration Number (If any)

OFFICIALS ATTENDING THE CHAMPIONSHIP

Sr. No.	Name of the Officials	Capacity

(TO BE FILLED BY OFFICE)

Annual Affiliation Fee	=	Rs.5000
Entry Fee for Yogasana / Artistic / Artistic Pair/Rhythmic/ Free Flow dance/Professional Yogasana Competition = Rs.500	=	
Total	=	

**Signature of the Secretary,
National Yoga Federation of India
Manager, National Yoga Team**

Secretary General-State

- NOTE:**
- 1. Entry Performa should be filled in capital letters.**
 - 2. Please enclose the Date of Birth Certificates of the Competitors.**
 - 3. Each competitor should have Eight latest colored photographs of size 2.5 x 3 cm with them.**